

## About us

AMA is a **women-led community organization** dedicated to strengthening **autonomous midwifery** and defending **sexual and reproductive rights**. We provide **culturally relevant education** and **comprehensive health services** to empower Guatemalan women, especially those in vulnerable conditions.



**Western-Mayan hybrid midwifery model of care • Feminist values • Women centered care • Part time experience**

## Contact Us:



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Ciudad Vieja Sacatepequez, Guatemala



Asociación Manos Abiertas



# Knowledge exchange in Guatemala

Support the capacity building of guatemalan midwives and learn from them and their vast feminist experience.

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## About the internship:

This is an exchange. What you bring as a midwife strengthens our team and the comadronas we continue to train. Your program fee and your time directly support the continuity of our work while you gain community traditional knowledge and experience working with us.

Where you'll be: Ciudad Vieja sits at the foot of the Volcán de Agua, a few kilometers from Antigua Guatemala, a UNESCO World Heritage city. The **half-time schedule** leaves afternoons and weekends free to explore: Antigua, volcano hikes, Lake Atitlán and Spanish schools are all within reach.

## Goals for your internship:

- Experience community-based SRH care in rural Guatemala, alongside comadronas and vulnerable communities.
- If it interests you, explore pregnancy termination, post-abortion care and Guatemala's legal context through conversations on reproductive justice.
- Learn about traditional midwifery practices in our conversations.
- Build skills in well-woman and prenatal care, Pap smears, VIA/cryotherapy, family planning, mobile clinics and rights-based health education, all in Spanish.
- Share your knowledge with our team and the comadronas.



## Requirements

- Student midwife near the end of training, or qualified midwife.
- Spanish at intermediate level (B1) or higher. You must be able to talk with patients, understand our team and follow safety instructions without translation. We check this in a short conversation during the interview.
- Stay of 4 to 12 weeks, about 20 hours a week, between February and November.
- Aged 18 or over.
- Up-to-date vaccinations (recommended not required)
- A letter of support from your university or mentor, if you are a student.



**When can you do hands-on work?** Hands-on practice depends on your training. You can do prenatal appointments, Pap smears and family planning methods under supervision once you have observed enough, shown the skills, feel confident, and show great bedside manner. *Our midwives decide when you are ready. It always depends on the patient's consent.*



Contact us today to learn more about this exciting knowledge exchange midwifery opportunity.